

*Hello everyone! Our next guest's name is Sreypha who decided to come all the way from Cambodia to Poland!*

**Hi Sreypha! Can I ask you to introduce yourself to our audience, please?**

Hi everyone! My name is Sreypha. I am 23 years old and I come from Cambodia. I study Economics. In my free time I like reading books and listening to music.

**Could you tell me the reason why you decided to choose Poland as your studies destination?**

One of the reasons why I chose Poland as my study destination is because Poland is one of the most popular countries in the Economics sector which is related to my major in Cambodia. I believe I can learn a lot at the University of Opole and that I will be able to see more international students. I remember the first day when I arrived to Opole the thing that surprised me the most was the weather. It was extremely cold for me. I couldn't adapt to this weather. I remember I got sick in the beginning. However, I did enjoy it because of the view and environment.

**What do you like the most about this place?**

It is much warmer in my country, so what I like the most about Poland is the weather. I always wanted to see snow and now my dream came true. I played with snow and enjoyed it very much.

**What surprised you the most when you arrived to Opole?**

What surprised me the most when I arrived here was the transportation. Most people use public transportation rather than their own vehicle or some people walk so it can help the environment. In my country, most of the people use their own vehicle as it is very far from one place to another, so it is much more convenient to use your own car.

**What are in your opinion the advantages and disadvantages of studying abroad?**

It really benefits us if we can study in different countries. First, we can explore the new environment, learn the culture and make more friends who are from around the world. Moreover, we can see how big the world is. However, there are also some disadvantages of studying abroad. First, it is about homesickness. We miss our homeland since we are far away from home. Second, it is about food. In the beginning I really enjoyed trying Polish food but after some time I started to miss food from Cambodia. Sometimes I wasn't able to find ingredients to cook the food I want. It was really challenging.

**How can you spend your free time in Opole?**

There are many places that we can visit in Opole. I would recommend for example the Odra river. It is a nice place where you can relax and get fresh air. Unfortunately, I couldn't discover many places because I was sick since I didn't adapt to the weather.

**How about the transport? Is it hard to find buses / trains / flights to other places?**

It was my first time when I traveled abroad. However, I didn't find any problem with traveling around Poland. I downloaded Bolt app, so it was easy for me to go to any place I want.

**What are Polish people like?**

Everyone has different personality. Some people are friendly while some others are not. I remember that one day I went to Wroclaw and I couldn't find the train. Luckily, one guy came and helped me along the way until I found it. Most of them are very nice.

**Is it difficult to communicate with Polish people in English?**

It is a bit hard to communicate with them because most of them don't know how to speak English so when I went to the supermarket, I just showed them the picture of what I needed and they were trying to find it for me.

**Is Poland an expensive country?**

I don't think that things are expensive. The prices are acceptable and some products are similar to Cambodia's ones too. I did enjoy shopping there a lot.

**Are there any disadvantages of choosing Opole as your studies destination?**

I don't think there are any disadvantages of choosing Poland for our studies destination.

**Are classes at the University hard?**

The classes at the university are not hard. No matter where we study, if we follow the Professor's rules and try hard, it will not be difficult. I got good results back home during my exchange program at Opole University.

**Your favourite Polish food! What can you recommend to non-Polish people?**

I really like pierogi. I would definitely suggest this food for non-Polish people to try.

**Would you recommend other students to come to Opole?**

Sure it is definitely a nice place to go. I would suggest everyone to apply to experience new things.

**Thank you very much Sreyphhea! It was a pleasure talking to you!**

Thank you very much!